

BODY AND SOLE • COMPLEMENTARY HEALTHCARE CLINIC

ASHFIELD LODGE • 12 TORQUAY ROAD • NEWTON ABBOT • TQ12 1AH

We promised all our clients that we would create a multi-disciplinary complementary healthcare clinic and now we are well on our way to achieving that objective!

We welcome the following qualified and highly skilled practitioners who will be available at the clinic from the beginning of May and hope you will enjoy using this expanded range of therapies. If you would like to book an appointment or have questions relating to any particular type of treatment, please contact the clinic and we will arrange for the therapist to call you to discuss your queries.

- ◆ **Acupuncture and Chinese Herbal Medicine . . . Michael Potter . . . Thursday afternoons**
Mike has practised full Japanese Acupuncture and Traditional Chinese Herbal Medicine for 30 years and lectures at the University of Westminster. He has a passion for and knowledge of his discipline, making you feel at ease and in safe hands. He is one of few practitioners with a full UK Licence to administer Chinese Herbal Medicine.
- ◆ **Chiropractic . . . Michael Elliott . . . Tuesday mornings**
Michael is an experienced Chiropractor and prides himself on being extremely thorough in his consultations (**first appointment is £30 for 1 hour**). He likes initially to consult by telephone with his patient's in advance to assess their needs and has a uses a variety of techniques. He is not an advocate of high velocity manipulation and is very gentle in addressing your needs.
- ◆ **Rehabilitation Gym Instructor . . . Ian Peacock . . . Thursday evenings & alternate Saturdays**
Ian has been excitedly waiting for the right time to become part of the rehabilitation exercise team. He is thrilled to offer you all his skills and knowledge and help you regain fitness and strength to enjoy a physically good quality of life.
- ◆ **Holistic Therapist . . . Jacqueline Smart . . . Wednesday afternoons**
Jacquie studied Holistic treatments after supporting her son through a traumatic RTA head Injury and rehabilitation process. She has a lovely gentle holistic manner and now wants to help people whilst employing her new skills and love of holistic therapy. She particularly enjoys Hot Stone massage.
- ◆ **Hypnotherapy . . . Viktoria Hartridge . . . Monday afternoons**
Viktoria specialises in Hypnotherapy for Pain Management and Stress relief and has achieved great success in this field. She believes in teaching these skills to her clients to help them to help themselves. Viktoria will not cover areas such as smoking and weight management.
- ◆ **Podiatry . . . Victoria Allen – Tuesday afternoons**
Victoria has been practising at the clinic for some while now and many of you will already have experienced her thorough but gentle treatments. She is a very valued member of the team of therapists and practitioners who are making the clinic so highly regarded.
- ◆ **Thai Massage . . . Jib . . . Wednesday afternoons**
Jib is from Thailand and has been practicing in the UK for some time. She travels back to Thailand for regular additional training and is very proud of her treatments. She is delightful and loves helping people but has very strong hands!

I hope you will take advantage of the wonderful skills and treatments these therapists have to offer.

With best wishes

Melissa Alexander